

DES 5K Run

Starts In Dunsmuir, California

3.11 miles

Elevation

2,516ft Max

Ascent

2,339ft Min

Descent

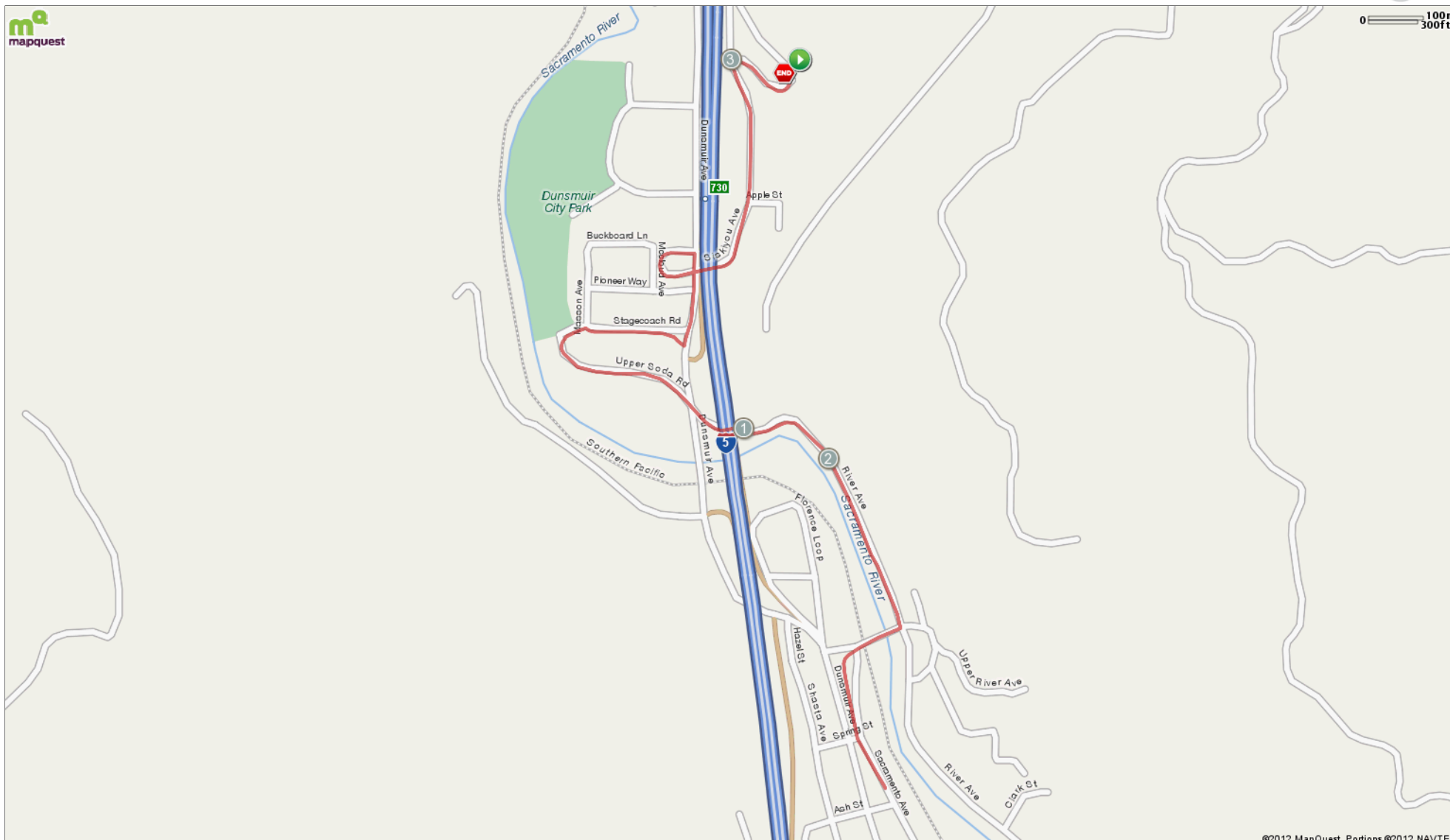
+194ft

Max Climb

-194ft

Climbs

3.1 %



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Description

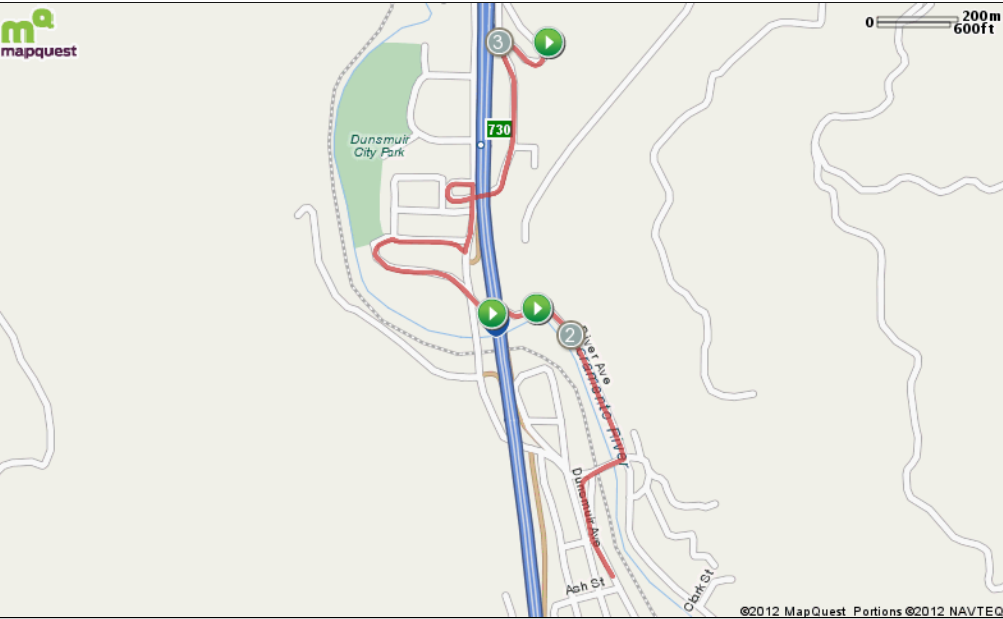
DES 5K Run

Starts In Dunsmuir, California

Notes		
AT	FOR	NOTES
0.02 mi.		511ft Head southeast toward Siskiyou Ave
0.12 mi.		11ft Turn right onto Siskiyou Ave
0.12 mi.		1030ft Head south on Siskiyou Ave toward Apple St
0.32 mi.		296ft Head south on Siskiyou Ave toward Dunsmuir Ave
0.37 mi.		673ft Head west on Siskiyou Ave toward Dunsmuir Ave
0.5 mi.		625ft Turn right onto Dunsmuir Ave
0.62 mi.		555ft Head northwest on Stagecoach Rd toward Masson Ave
0.72 mi.		1319ft Turn left onto Upper Soda Rd
0.97 mi.		418ft Head east on Upper Soda Rd
1.05 mi.		1841ft Head east on Upper Soda Rd toward Upper River Ave
1.4 mi.		89ft Head south on Sacramento Ave toward Spring St

Notes		
AT	FOR	NOTES
1.42 mi.		642ft Head south on Sacramento Ave toward Spring St
1.54 mi.		113ft Head southeast on Sacramento Ave toward Ash St
1.56 mi.		113ft Head northwest on Sacramento Ave toward Spring St
1.58 mi.		605ft Head northwest on Sacramento Ave toward Spring St
1.7 mi.		126ft Head north on Sacramento Ave
1.72 mi.		376ft Head northeast on Sacramento Ave toward Upper Soda Rd
1.79 mi.		1466ft Head north on Upper Soda Rd toward Upper River Ave
2.07 mi.		418ft Head west on Upper Soda Rd
2.15 mi.		1250ft Head west on Upper Soda Rd toward Masson Ave

Notes		
AT	FOR	NOTES
2.39 mi.		68ft Head east on Upper Soda Rd toward Masson Ave
2.4 mi.		555ft Turn right onto Stagecoach Rd
2.5 mi.		51ft Head southeast on Stagecoach Rd toward Dunsmuir Ave
2.51 mi.		574ft Turn left onto Dunsmuir Ave
2.62 mi.		674ft Turn left onto Siskiyou Ave
2.75 mi.		296ft Head northeast on Siskiyou Ave toward Apple St
2.81 mi.		1030ft Head north on Siskiyou Ave toward Apple St
3 mi.		11ft Head south on Siskiyou Ave
3 mi.		633ft Turn left
3.12 mi.		Direct/ offroad route segment:41.22679;-122.27397;2467.17352870



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Find this route online at mapmyrun.com/routes/view/134442207
Distance values on this map may differ slightly from values reported on the route engine.

Notes		
AT	FOR	NOTES
1.05 mi.		Head east on Upper Soda Rd toward Upper River Ave
1.4 mi.		Head south on Sacramento Ave toward Spring St
1.42 mi.		Head south on Sacramento Ave toward Spring St
1.54 mi.		Head southeast on Sacramento Ave toward Ash St
1.56 mi.		Head northwest on Sacramento Ave toward Spring St
1.58 mi.		Head northwest on Sacramento Ave toward Spring St
1.7 mi.		Head north on Sacramento Ave
1.72 mi.		Head northeast on Sacramento Ave toward Upper Soda Rd
1.79 mi.		Head north on Upper Soda Rd toward Upper River Ave
2.07 mi.		Head west on Upper Soda Rd
This segment shows 1.1 mi. (5,790 ft.) of your route.		

Notes		
AT	FOR	NOTES
0.02 mi.		Head southeast toward Siskiyou Ave
0.12 mi.		Turn right onto Siskiyou Ave
0.12 mi.		Head south on Siskiyou Ave toward Apple St
0.32 mi.		Head south on Siskiyou Ave toward Dunsmuir Ave
0.37 mi.		Head west on Siskiyou Ave toward Dunsmuir Ave
0.5 mi.		Turn right onto Dunsmuir Ave
0.62 mi.		Head northwest on Stagecoach Rd toward Masson Ave
0.72 mi.		Turn left onto Upper Soda Rd
0.97 mi.		Head east on Upper Soda Rd
This segment shows 1.05 mi. (5,560 ft.) of your route.		

Notes		
AT	FOR	NOTES
2.15 mi.		Head west on Upper Soda Rd toward Masson Ave
2.39 mi.		Head east on Upper Soda Rd toward Masson Ave
2.4 mi.		Turn right onto Stagecoach Rd
2.5 mi.		Head southeast on Stagecoach Rd toward Dunsmuir Ave
2.51 mi.		Turn left onto Dunsmuir Ave
2.62 mi.		Turn left onto Siskiyou Ave
2.75 mi.		Head northeast on Siskiyou Ave toward Apple St
2.81 mi.		Head north on Siskiyou Ave toward Apple St
3 mi.		Head south on Siskiyou Ave
3 mi.		Turn left
3.12 mi.		Direct/ offroad route segment:41.22679;-122.27397;2467.1735287071565
This segment shows 0.95 mi. (5,021 ft.) of your route.		